

LIFESTYLE



Christ's Olympians

Ethiopia won her first gold medal at the 2016 Rio Olympics through Almaz Ayana (left) but the gold medal had yet to be hung on her neck before fellow competitors began to question her world-record time of 29:17:45 in the women's 10,000 meters.

Sweden's Sarah Lahti, who finished 12th, wondered how Ayana could post a blistering 15 seconds quicker than the previous world record — despite her being the world's best in the 5,000 meters. "I do not really believe that she is 100 percent," Lahti said, according to the Swedish newspaper *Expressen*. "It is too easy for her. I cannot say that she is not clean, but there is little doubt." She added, "We see no facial expression." She added that she doesn't compare herself to runners from Kenya and Ethiopia, who typically dominate the longer distance events on both the men's and women's sides.

Sonia O'Sullivan - the Irishwoman who won silver in the 5000m at the Sydney Olympics 16 years ago - was another who cast doubt over Ayana's achievement. "She broke the world record by a clear 15 seconds which is about 100m," O'Sullivan told Irish television channel RTE. How do you have an athlete that can break the world record so easily like that? She didn't look very tired afterwards. "You do have to question it a little bit."

Asked to respond to the comments, Ayana credited her training, dismissing the allegation that the record time may have come as a result of performance-enhancing drugs.

"There is a very sharp answer," Ayana said through a translator. "No. 1, I've been training specifically (for this event). No. 2, I pray to the lord. The lord has given me everything, everything. And No. 3, my doping is Jesus. Those are the reasons!"

Also at the same Rio Olympics, the British Broadcasting Corporation (BBC) was recently slammed for deliberately suppressing Bolt's Christian beliefs. Following his victory at the 200m finals, Bolt had said, "Nothing would have been possible without Him," referencing his faith and God.

Although the Olympian has been outspoken about his faith, the BBC network appears as if it refuses to cover that aspect of Bolt's story. The BBC recorded the race second-by-second, described Usain's personal life but never mentioned his faith. When he got on his knees to thank God after his victory, the BBC presenter reportedly called his act of worship 'a moment to himself' instead.

Representatives for Bolt say BBC has known for more than four years about his tradition of giving God the glory before and after each race. "He waits for the camera to be on him so his worship can be a public witness for Christ" Bolt's public relations team and members of his family responded saying, "Usain Bolt is a Bible-believing, God-honoring, Jesus-worshipping Christian. But not a whisper from the BBC; not a word of explanation of the real significance of these 'moments to himself.'"

A lot has been said about the West's ostracization of (particularly) Christian faith. This extends beyond the banning of prayers to the reading of bibles in schools.

The faithful however remain undeterred, this includes notable Olympians athletes including Gabby Douglas on her record making feats at Rio who said, "God has given me this amazing God-given talent, so I'm going to go out and glorify His name." Similar goes for David Boudia: "I always listen to the same song and prayer before every event. I'm at peace when I'm doing those things and it's for God and His glory."

Extracted from websites: www.msn.com, www.catholicherald.co.uk, www.bbc.com & www.smh.com.au

JOKE OF THE MONTH DIE HARD CATHOLIC

Each Friday night after work, Bubba would fire up his outdoor grill and cook venison steak. But it was Lent and all his neighbors were Catholic, forbidden from eating red meat on Friday. The delicious aroma from the steaks was causing such a problem for them that they finally talked to their priest.

The priest came to visit Bubba and suggested that Bubba become a Catholic. After several classes and study, Bubba attended Mass. The priest sprinkled holy water over him and said, "You were born a Baptist and raised as a Baptist, but now you are Catholic."

Bubba's neighbors were greatly relieved, until Friday night arrived and the wonderful aroma of grilled steak filled the neighborhood. The priest was called immediately by the neighbors.

As the priest rushed into Bubba's yard, clutching a rosary and prepared to scold him, he stopped and watched in amazement.

There stood Bubba, clutching a small bottle of holy water, which he carefully sprinkled over the grilling meat while chanting, "You wuz born a deer, you wuz raised a deer, but now you are a catfish."

This Month in History

Aug 26, 1993 - Under severe opposition and pressure, General Babangida resigns as military president and appoints an interim government headed by Chief Ernest A. Shonekan.

Aug 27, 1985: Following accusations of callousness and overzealousness, General Buhari is overthrown in a palace coup. The army chief, General Ibrahim Babangida takes over power.

Sept. 1, 1969 - Military officers overthrow Libyan government and the Libyan Arab Republic proclaimed under Colonel Muammar Gaddafi.

Sept.5-6, 1972 - 11 members of the Israeli Olympic Team are killed during an attack on the Olympic Village in Munich by members of the Black September faction of the Palestinian Liberation Army.

Sept. 5, 1997 - Mother Teresa dies in Calcutta at age 87, after a life spent aiding the sick and poor in India .

Sept. 7, 1986 - Bishop Desmond Tutu becomes Archbishop of Cape Town, South Africa, the first black head of South Africa's Anglicans.

Sept. 7, 1533 - Queen Elizabeth I (1533-1603) is born in Greenwich Palace. Daughter of King Henry VIII and Anne Boleyn, she ascended the throne in 1558 at age 25. During her reign, the Anglican Church becomes fully established.

Sept. 8, 2013 - Standing Committee meets with Cathedral Guild of Stewards towards convincing the Guild to re-join LADGOS.

Sept. 11, 2001 - The worst terrorist attack in U.S. history occurs as four passenger jets are hijacked and crashed, killing 3,000 persons.

Sept. 12, 1974 - Haile Selassie, Emperor of Ethiopia, was deposed in an army coup after 44 years rule.

Sept. 12, 1977 - Steve Biko, South African black civil rights leader, died in police detention.

Sept. 14, 1741 - Composer George Frederick Handel finished Messiah after working nonstop for 23 days.

Sept. 16, 1976 - The Episcopalian Church in the U.S. approves the ordination of women priests and bishops.

Sept. 16, 2007- Foundation Stone of Christ Church, Iraye in Epe Archdeaconry laid by Archbishop E. Ademowo at 29th Anniversary of Cathedral Christian Brothers.

We Serve

Newsletter of Group D, Guild of Stewards of the Cathedral Church of Christ, Lagos

August 2016

VOL. XXXVIII NO. 9

Hello Readers.

I know, I know, it has been a mixed month, hasn't it? It like when they say, "tomorrow will be brighter," you just cant wait for tomorrow. We however know that the lot of the Christian is a thorny one, one which requires faith and God's counsel.

With this in mind, we commiserate with the family of our own Chief Gbolahan his wife Chief Mrs. Sola Ayodele and our brothers Ayodeji and J. G., on the passage of their dear daughter and sister, Adebola. We know that words wont have much meaning now but we must still say, stay strong in God's holy faith.

It's Olympic month (I know that brings a grimace to many Nigerian faces) and we felt we could draw inspiration from the few athletes who have stood up to the challenge of modern day persecution. It is bad enough having to keep an eye on religious extremism in remote countries, only to turn and face oppression from what is expected to be civil society. It is however up to us not to cow, but to rise up and proclaim God's goodness in spite of our circumstance.

I pray that our Lord God shall see us through thick and thin, even in this last trimester of the year, in Jesus' Name.

Olumide Sofowora Esq. SAN
Editor

Offering to the Altar: Sunday, August 21, 2016

- 7.15 a.m. - Mr. Akin Martins
- 9.15 a.m. - Mr. I. O. Aina
- 11.15a.m.- Dr. Olu Ajomo
- 5.00 p.m. - Mr. Olaniyi Tayo

Offering to the Altar: Sunday, September 18, 2016

- 7.15 a.m. - Mr. Tokunbo Foresythe
- 9.15 a.m. - Mr. Yomi Adelola
- 11.15a.m.- Mr. D. Bolarinde
- 5.00 p.m. - Mr. Dotun Aboaba

Roster of Recorders of Collections:

- Aug. 21, 2016 - Mr. Yomi Akinade
- Sept. 18, 2016- Mr. Tunji Jackson
- Oct. 16, 2016 - Mr. Steve Amihere
- Nov. 13, 2016 - Mr. J Claudius Cole
- Dec. 11, 2016 - Dr. J. J. Agbaiké

EMERGENCY MEETING OF CATHEDRAL GUILD EXCO

There will be an Emergency meeting of the Executive Committee of the Cathedral Guild of Stewards today, Sunday, August 21, 2016 at 9.30am in the Cathedral's Temporary Library by the Children's Church.



A befitting and emotional farewell for Pa Caxton Olayiwola Onabanjo...page 3



Olympians' Evangelization in the stark face of Western ostracization...page 4

REST IN PERFECT PEACE, ADEBOLA AYODELE



Ms Adebola Omolara Ayodele

On August 3, 2016 we received the horrendous news that Adebola Omolara Ayodele, the only daughter of Chief Gbolahan and Mrs. Sola Ayodele had passed on in the United States of America.

God alone knows best, and we commiserate with the entire family, even as we pray that the good Lord shall grant them the fortitude to bear this very painful loss. Rest in perfect peace, Adebola.

A Time for Reflection

Our beloved Pa Caxton Olayiwola Onabanjo was laid to rest last week Friday, August 12, 2016. This followed the traditional Christian Service of Songs and Wake-Keeping the day before. All the events were very well attended, attesting to the selfless and impactful life of a truly memorable Steward for Christ. Papa would have been proud.

Pa Onabanjo's life brings to bear, the essence of our own mortality; that we are given only so much time. What we choose to do with it...is up to us, but eventually we must go. So, we can now either choose a life of true service to Christ, helping and lifting up others, evangelizing, (or where the disposition fails us, support those who do)...or we may choose not to. May the good Lord guide and strengthen us. Amen.

MESSAGE FOR THE MONTH NOT Outnumbered

"He answered, "Don't be afraid; for those who are with us are more than those who are with them." Elisha prayed, and said, "LORD, please open his eyes, that he may see." the LORD opened the eyes of the young man; and he saw: and behold, the mountain was full of horses and chariots of fire around Elisha."
2 Kings 6:16-17

When we look around at the turmoil in this world and the fact that Christians are being persecuted even to the point of death on a daily basis, it's easy to feel alone.

When the most basic of Christian principles such as the sanctity of marriage and the right to pray and worship publically are ignored and refused, it is easy to feel like God is ignoring us.

But just like He didn't ignore.. *continued on page 2*

Newsletter Editorial Team

- Publisher:** Mr. Dotun Makinwa
Editor: Mr. Olumide Sofowora
email: olusofy@yahoo.com
Mobile: 234-8033137878
- Member:** Mr. Steve Amihere
Mobile: 234-8033561763
- Member:** Mr. Akin Marinho
Mobile: 234-8099625373
- Member:** Mr. Demola Bolarinde
Mobile: 234-8126621998
- Member:** Mr. Ayodeji Ayodele
Mobile: 234-7063413755
- Member:** Mr. Seun Adewunmi
Mobile: 234-8179008277

continued from front page...or turn His back on Elisha, He isn't ignoring or turning His back on you.

Just like you can't see wind to question whether or not it is blowing, you don't have to see God to know He is actively working in the lives of His people—in YOUR life.

The fact that we live in a world where Satan's mindset is readily accepted is undeniable, but God is greater and more powerful than Satan. He and His army of angels far outnumber Satan and His 'henchmen.'

So when you involuntarily shake your head in dismay as you listen to the news or feel like you are on the losing end when it comes to taking a stand for godly morals, don't. Instead, open your heart and spiritual eyes; looking upward to the all-powerful and Holy God.

When you put your faith in God, you will never be outnumbered when it comes to fighting the good fight of faith.

Extracted from website www.dailybible.co

STEWARDS' SERVICE HEALTH CHECK			
✓ Arrived Before ✓ Arrived During AP Apology X Absent	JULY 2016		
	07:15	09:15	11:15
Abimbola, S. G.	✓	✓	✓
Aboaba, Dotun	✓	✓	✓
Adelola, Yomi	✓	✓	✓
Adewunmi, Seun	✓	✓	✓
Akinade, Yomi	✓	✓	✓
Amihere, Steve	✓	✓	✓
Ayodele, Gbolahan	✓	✓	✓
Ayodele, Jibolu G.	AP	AP	AP
Bolarinde, Demola	✓	✓	✓
Claudius-Cole, Jide	✓	✓	✓
Foresythe, Tokunbo	✓	✓	✓
Jackson, Tunji	✓	✓	✓
Makinwa, Dotun	✓	✓	✓
Marinho, Akin	✓	✓	✓
Martins, Akinwande	✓	✓	✓
Peters, Babajide	✓	✓	✓
Sofowora SAN, Olumide	✓	✓	✓
Tayo, Olaniyi	✓	✓	✓
Adollo, J. J.			
Agbaika, J.			
Agbogidi, G. O. M.	✓	✓	✓
Aina, I. O.	AP	AP	AP
Ajomo, S. O.	AP	AP	AP
Ayodele, Ayodeji			
Babaniji, O			
Farri, T. O. S.			
Fetuga, Deola			
Fetuga, Doyin			
Fetuga, O.	AP	AP	AP
Kehinde, M.	✓	✓	✓
Marinho, Akin			
Olowoselu, L. O.	✓	✓	✓
Olaomo, C. T.	✓	✓	✓
Sowemimo, G.	AP	AP	AP

Sometimes a Light Steward

(A Second Look at Habakkuk 3.17,18)
William Cowper (1731-1800). The son of a clergyman who moved in the circle of the royal court, he lost his mother at the age of six, and was promptly sent to boarding school, where he had horrific experiences. He moved on to Westminster School, where he learned to lead a fashionable life. He courted Theodora, a Christian lady, for seven years but was refused permission to marry her. He set out to be a lawyer, but did not do enough work to succeed. He appears to have had no money sense, and was well supported by rich friends. He had skills as a poet. When at the age of 33 he was about to be publicly questioned to discover whether he was suitable for a particular public post, he had a nervous breakdown, three times attempted suicide, and was placed in a private lunatic asylum suffering from black depression. After many months he began to recover - he had a conversion experience and became a Christian, having been in contact with evangelical Christians for many years. Now he found a faith that was real and personal. Coming out of black depression he was well able to appreciate God's love, the light which surprised him.

We are given no promise that we shall be immune to all the evils and illness in the world. Cowper reminds us that whatever our health or circumstance, we must maintain our trust in the Lord even if we are not able to trace his hand in our lives.

Catering for August 21, 2016
We thank the family of Mr. Akinwande & Mrs. Adepeju Martins who are catering for us today. We pray that our good Lord shall continue to bless and prosper their family.

Catering Roster: Rest of 2016
• September 2016 Mr. Toks Foresythe
• October 2016 Mr. Olaniyi Tayo
• November 2016 Mr. Yomi Adelola
• December 2016 Mr. Babajide Peters

August 2016 Birthdays
The following members and spouses celebrate their Birthdays in August 2016. We wish them many happy returns:

- Mr. Akinwande Martins 5/8/1954
- Mrs. Olapeju Sofowora 5/8/1964
- Mrs. Helen Agbaika 11/8/1982
- Dr. (Chief) S. Olu Ajomo 15/8/1940
- Mr. M. A. O. Kehinde 17/8/1942
- Mrs. Sola Ayodele 20/8/1953
- Mr. J. G. Ayodele 27/8/1980

September 2016 Birthdays
The following members and spouses shall celebrate Birthdays in September DV:

- Mr. Tokunbo Foresythe 1/09/1978
- Mr. Babajide Peters 12/9/1976
- Rev. Kayode Oyebo 23/09/1957

AUGUST 2016 WEDDING ANNIVERSARIES
We rejoice with the following members and their wives who mark Wedding Anniversaries this month. Congratulations:

- Venerable Muiyiwa & Mrs Ajuah Oyewole 6/08/1978
- Prof. G. Olufemi & Mrs. Olufolake Sowemimo 20/08/1966
- Mr. Michael A. O. & Mrs. Foluso Kehinde 23/08/1980

GROUP MEMBERS	2015		2016	
	GROUP	GUILD	GROUP	GUILD
Abimbola, S. G.	5,000	5,000	5,000	5,000
Aboaba, D	5,000	5,000		
Adelola, Y.	5,000	5,000	5,000	5,000
Adewunmi, S.	5,000	5,000	5,000	5,000
Akinade, Y.	5,000	5,000	5,000	5,000
Amihere, S.	5,000	5,000	5,000	5,000
Ayodele, G.	40,000	20,000	5,000	5,000
Ayodele, J. G.	5,000	15,000	5,000	5,000
Bolarinde, D.	5,000	5,000	5,000	5,000
Claudius-Cole, J	N/A	N/A	5,000	15,000
Jackson, Tunji	5,000	5,000	5,000	5,000
Makinwa, D.	5,000	5,000	5,000	5,000
Martins, Akin	5,000	5,000	5,000	5,000
Marinho, Akin	5,000	15,000	5,000	5,000
Peters, Babajide	5,000	5,000	5,000	5,000
Sofowora, O. SAN	5,000	5,000	5,000	5,000
Tayo, Olaniyi	5,000	5,000	5,000	5,000
Total	130,000	115,000	80,000	90,000
			ELDERS FUNDS	
Adollo, J. J.	35,000	5,000	5,000	5,000
Agbaika, J				
Agbogidi, G. O.	5,000	5,000	5,000	5,000
Aina, I. O.			5,000	5,000
Ayodele, A.	5,000	5,000	5,000	5,000
Babaniji, O				
DaCosta, A.				
Farri, T. O.	5,000	5,000		
Fetuga, Deola	5,000	5,000		
Fetuga, Doyin	5,000	5,000		
Fetuga, O.	5,000	5,000		
Kehinde, M.				
Olowoselu, L. O.			5,000	5,000
Olaomo, C. T.	5,000	5,000	5,000	5,000
Oyewole, M.	100,000			
Sowemimo, G.				
Total	280,000	130,000	110,000	120,000

Group "D" - Year 2016 Accounts
(Unaudited) 2015 Accounts brought forward:
Church Dedicated a/c N 450,000.00
Cash-at-Hand N 0.00
N 450,000.00

Inflows:
2016 Group dues collected N 110,000.00
Newsletter Donations N 0.00
Feb. 2016 Host (Elders' Funds) N 65,000.00
Funds as at 20th August 2016 N 625,000.00

Payments Made
Oct. 2015 Host (Mrs. R Martins) N 72,000.00
Feb. Hosting (Mrs. Peju Martins) N 60,000.00
Aug. & Sep. 2015 Newsletters N 30,000.00
Mar-Jul 2016 newsletters N 75,000.00
Payments at 20th August 2016 N 237,000.00

Balance as at 20th August 2016 N 333,000.00

Payments Yet To Be Made
Annual Party PRV (Accounts awaited) N 30,000.00
Payments Outstanding N 30,000.00

The Treasurer reminds members that 2016 Guild and Group Payments are due for payment. Also, Group members who pledged towards the Group's 2015 Annual Party and have not redeemed their pledges should kindly do so.

SEPTEMBER 2016 WEDDING ANNIVERSARIES
The following members and their wives shall DV celebrate Wedding Anniversaries in September. We wish them God's continued guidance and blessings.

- Engr. Adetunji & Mrs. Enitan Babaniji 06/09/1969
- Mr. Ayo & Mrs. Doyin Otuyalo 10/09/1960
- Mr. Adeola & Folake Fetuga 20/09/2008

GUILD & GROUP NEWS

AN EMOTIONAL BUT FITTING FAREWELL FOR PA C. O. ONABANJO



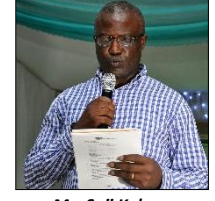
At the Guild of Stewards/ FOHI Service of Songs



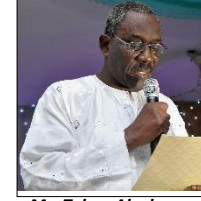
To the very end...a Faithful Steward



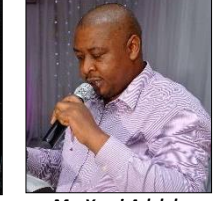
Cross Section of the Onabanjo Family at the Wake



Mr. Soji Kuboye



Mr. Taiwo Ajayi



Mr. Yomi Adelola



Chief Gbola Akinola CPA



Messrs Taiwo Ajayi, C. T Olaomo & Olaniyi Tayo



Chief John J. Adollo and Mr. Akinwande Martins



Mr. Michael A. O & Mrs. Foluso Kehinde



Fountain of Hope International (FOHI) members at the Wake-keeping



Members of the Cathedral Guild of Stewards with the family at the Funeral



The Cathedral Guild of Stewards' Song Tribute



The Customary 'Pulling Out' by the Guild of Stewards



Mounting the Stewards' Guard of Honour



Toyin, Tony and Omolola with Canon Residentiary



Venerable Muiyiwa Oyewole



Group 'D' Members raising a toast to Pa C. O. Onabanjo with his family