

## 7.15 A.M HOLY COMMUNION      Colour: GREEN

Theme: **ETERNAL SALVATION MADE POSSIBLE**

### (i) Prepare Yourself

Celebrant: The Provost

### Stewards on Duty: **Group B**

1. **Opening Hymn:** A&MRW 327 (*Morning Hymn*)
2. **Introductory Sentence:** *"Keep watching and praying that you may not come into temptation; the spirit is willing, but the flesh is weak." Mark 14:38*
3. **The Preparation** (Page 170)
4. **Collect for Purity and Gloria in Excelsis** (Page 171)
5. **Summary of the Law** (Page 172)
6. **Words of Comfort** (Page 175)
7. **Confession to Collect** (Pages 175-176)
  
8. **Collect:**  
*Gracious God, Your Son came to bring us good news and power to transform our lives, grant that when He comes again as judge we may be ready to meet Him with joy, through Jesus Christ our Lord. Amen.*
  
9. **Epistle:** 1 Thess. 5:1 - 10 - **Mr. Seyi Duggan**
10. **Gradual Hymn:** A&MRW 342 (*Tune A&MRW 137 - Love Divine*)
11. **Gospel:** Matthew 24: 36-44 **The Provost**
12. **Sermon:** Revd. Dr. Oluwaseun Adeyemi
13. **Creed:** (Page 178)
14. **Intercession:**(Pages 183-184) **Mrs. Ada Duggan**
15. **The Peace** (page 186)
16. **Offertory Sentence:** *"...let us not be like others, who are asleep, but let us be awake and sober." 1Thessalonias 5:6*
17. **Offertory Hymn:** A&MRW 335 (*St. Peter*)
18. **Preparation of Gifts to Eucharistic Prayer** (Pages 187-190)
19. **Breaking of Bread to Anthem:** (Pages 190-193)
20. **Prayer of Humble Access:** (Pages 193-194)
21. **Communion Sentence:** *"Be on the alert, stand firm in the faith, act like men, be strong." 1 Corinthians 16:13*
22. **Administration:** (Page 194)
23. **Hymns during Administration:**
  - (i) A&MRW 420 (*Tune MHB 450 - Edgware*)
  - (ii) A&MRW 422 (*Hyfrydol*)
  - (iii) A&MRW 423 (*Unde et memores*)
  - (iv) A&MRW 428 (*Aberystwyth*)
  - (v) A&MRW 434 (*Franconia*)
  - (vi) A&MRW 437 (*Pastor Pastorium*)
  - (vii) A&MRW 451 (*Saffron Walden*)
  - (viii) A&MRW 649 (*Heathlands*)
24. **Post Communion Hymn:** Take time to be holy (*Tune A&MRW 676 - St. Denio*) **see centre page**
25. **Post Communion Prayer:** *Heavenly Lord, you long for the world's salvation: stir us from apathy, restrain us from excess and revive in us new hope that all creation will one day be healed in Jesus Christ our Lord.*
26. **The Lord's Prayer to Thanksgiving Prayer** (Pages 195-196)
27. **Thanksgiving at the Altar:**
28. **Notices:**
29. **Spiritual Tonic:** **Genesis 35:5**
30. **Benediction to Dismissal:** (Page 196)
31. **Withdrawal Hymn:** A&MRW 595 (*Slane*)  
**- Collection for Mopo Akinlade Harvest**  
*At the Organ: Mr. 'Jola Adeosun*

## 9.15 A.M. CHORAL MATTINS

Cantor: Ven. Uchenna Ubadinobi  
Responses: **William Byrd in E Flat**

Theme: **ETERNAL SALVATION MADE POSSIBILITIES**  
**(i) Prepare Yourself**

1. Processional Hymn: A&MRW 675 (*Bishophorpe*)
2. Call to Worship:
3. Confession and Absolution
4. Venite: ASB 3 (Henry T. Smart in A Flat)
5. Psalm: 25 - ASB 93 (E. Edwards in F)
6. 1st Lesson: Zephaniah 3: 8-20 - Mrs. Akinwunmi Dongo
7. Benedictus: ASB 17 (John Lemon in G)
8. 2nd Lesson: 1 Thess. 5: 1-10 - Dr. (Mrs) Funmilayo Doherty
7. Te Deum: Charles Villiers Stanford in B Flat
8. Creed to 3rd Collect
9. Anthem: Emi O Gbe Oju mi Soke Wonni  
(Psalm 121 - T.K.E. Phillips)
10. Hymn before Sermon: Take Time to be Holy (Tune A&MRW 676 - St. Denio) *see centre page*
10. Sermon: The Provost
11. Intercession: Ven. Uchenna Ubadinobi
12. Hymn for Offering: A&MRW 742 (*Richmond*)
13. Thanksgiving at the Altar
14. Launching of the 105th Choir Brochure
15. Notices:
16. ***Spiritual Tonic: Genesis 35:5***
17. Conclusion to Benediction
18. Final Amen: William Byrd in E Flat
19. Withdrawal Hymn: A&MRW 476 (*Tune A&MRW 179 - Warrington*)  
**- Collection for Mopo Akinlade Harvest**  
*At the Organ: Mr. Jola Adeosun*  
*Choral Conductor: Mr. Jimi Olumuyiwa*

## 9.15 A.M. CATHEDRAL YOUTH CHURCH

- Conductor: Mr. Michael Agbogidi
1. Opening Hymn: A&MRW 675 (*Bishophorpe*)
  2. Call to Worship
  3. Praise and Worship
  4. Psalm: 25
  5. Bible Reading: I Thessalonians 5: 1-10
  6. Special Number
  7. Message: Mr. Michael Agbogidi
  8. Creed, Collects and Intecession/Creed to Prayers
  9. Sunday Offering: Choruses
  10. Notices
  11. Prayer and Benediction
  12. Closing Hymn: A&MRW 476 (*Tune A&MRW 179 - Warrington*)

## 9.15 A.M. CHILDREN'S CHURCH/SUNDAY SCHOOL

TOPIC: A PEEP INTO HEAVEN

Worship Leader: AUNTY JUMOKE AJAYI

1. Choruses
2. Opening Hymn: C.H. 373
3. Bible Reading: Revelation 21: 1-8
4. Creed to Prayers:
5. Hymn: C.H. 510 (*Offering to be taken*)
6. Closing Prayer
7. Closing Hymn - from Pamphlet
8. Children go to their various classes

# 11.15 a.m. SUNG EUCHARIST

Theme: **ETERNAL SALVATION MADE POSSIBLE**

## (i) Prepare Yourself

Celebrant: Ven. Henry Adelegan

Communion Setting: Alfred J. Eyres in E Flat

1. Hymn: A&MRW 689 (*St. Sepulchre*)
  2. Introit: **Panis Angelicus** - Cesar Franck
  3. **Introductory Sentence:** "Keep watching and praying that you may not come into temptation; the spirit is willing, but the flesh is weak." *Mark 14:38*
  4. **The Preparation** (Page 170)
  5. **Collect for Purity and Gloria in Excelsis**(Page 171)
  6. **Summary of the Law** (Page 172)
  7. **Words of Comfort** (Page 175)
  8. **Confession to Collect** (Pages 175-176)
  9. **Collect:**  
*Gracious God, Your Son came to bring us good news and power to transform our lives, grant that when He comes again as judge we may be ready to meet Him with joy, through Jesus Christ our Lord. Amen.*
  10. **Epistle:** I Thess. 5: 1-10 **President CIBN**
  11. **Gradual Hymn:** A&MRW 772 (*Petra*)
  12. **Gospel:** Matthew 24: 36-44 **Ven. Henry Adelegan**
  13. **Sermon:** Revd. Canon Kunle Dina
  14. **Creed:** (Page 178)
  15. **Intercession:**(Pages 183-184) **Anglican Youth Fellowship**
  16. **The Peace** (page 186)
  17. **Offertory Sentence:** "...let us not be like others, who are asleep, but let us be awake and sober." *1Thessalonias 5:6*
  18. **Offertory Hymn:** A&MRW 621 (*Repton*)  
*(Please drop all your envelopes)*
  19. **Preparation of Gifts to Eucharistic Prayer** (Pages 187- 190)
  20. **Breaking of Bread to Anthem:** (Pages 190 -193)
  21. **Prayer of Humble Access:** (Pages 193 -194)
  22. **Communion Sentence:** "Be on the alert, stand firm in the faith, act like men, be strong." *1 Corinthians 16:13*
  23. **Hymns during Administration:**
    - (i) A&MRW 451 (*Misericordia*)
    - (ii) A&MRW 447 (*Tune H.C. 444 - Beamaris*)
    - (iii) A&MRW 423 (*Unde et memores*)
    - (iv) A&MRW 428 (*Aberystwyth*)
    - (v) A&MRW 434 (*Franconia*)
    - (vi) A&MRW 437 (*Pastor Pastorium*)
    - (vii) A&MRW 453 (*St. Helen*)
    - (viii) A&MRW 649 (*Westminster Abbey*)
  24. **Post Communion Hymn:** Take time to be holy (*Tune A&MRW 676 - St. Denio*) **see centre page**
  25. **Post Communion Prayer:** *Heavenly Lord, you long for the world's salvation: stir us from apathy, restrain us from excess and revive in us new hope that all creation will one day be healed in Jesus Christ our Lord.*
  26. **The Lord's Prayer to Thanksgiving Prayer** (Pages 195-196)
  27. **Thanksgiving at the Altar:**
    - **60th Anniversary of the Chartered Institute of Bankers of Nigeria (CIBN)**
    - **Lagos Diocesan Council Anglican Youth Fellowship**
  28. **Notices:**
  29. **Spiritual Tonic: Genesis 35:5**
  30. **Benediction to Dismissal:** (Page 196)
  31. **Final Amen: Great Amen - Tunde Sosan**
  32. **Withdrawal Hymn:** A&MRW 631 (*Duke Street*)
    - **Collection for Mopo Akinlade Harvest**
- At the Organ: Mr. Jola Adeosun; Mr. Chuka Onyenze  
Choral Conductor: Mr. Princewill Ubani

# SUNDAY 19/11/2023

# Day 323

Bible in a year: *Ezekiel 38,39; 2 Peter 3*

## Points for Prayer:

- ❖ The Revd. Canon J.O. Oyinlola, The Synod Secretary, Diocese of Ijebu South West and the Assistant Synod Secretaries.
- ❖ 29th Wedding Anniversary of The Revd. Marc. and Mrs Omolara Bangura
- ❖ 6th Wedding Anniversary of The Revd. Oluwaseun and Mrs. Opesu Tehinmosan
- ❖ 7th Wedding Anniversary of The Revd. Geoffrey and Mrs. Ngozi Ogaram.
- ❖ All members of Staff of various Parishes in the Diocese of Lagos.
- ❖ **The Bishop of the Diocese of The Diocese on The Niger (Niger, Nigeria)**
  
- ❖ **Birthday Intercession:**  
Mr. Oluwatoyin Odugbesan, Mr. Soroye Olurotimi Sowemimo-Coker, Mr. Samuel Adedeji Aderinola, Mrs. Mercy Idegbua Irheren, Miss Adejoke Yewande Oludotun Paul, Mrs. Elizabeth Olufolake Adekoya, Miss Funmi Merriman-Johnson, Mr. Gboyega Banjo, Miss Esther Tolulope Doherty, Mr. Tosoye Ayo-Vaughan, Mr. Ayomide Ige, Mrs. Feyisayo Udoh, Miss Olaoluwatoyosi Ajayi.
  
- ❖ **Wedding Anniversary Intercession:**  
Chief & Mrs. Gbola Akinola, CPA, 35th Wedding Anniversary.
  
- ❖ **Memorial Intercession:**
  - (i) Mrs. Eunice Ladi Aboyade-Yebovi, 3 years' mind
  - (ii) Dr. Alex Ifeanyi-chukwu Ekweme, GCON, 6 years' mind.
  - (iii) Mrs. Adeline Abiola Odutola (nee Rosiji), 15 years' mind
  - (iv) Revd. Canon Dr. E.A.B. Adenuga, 17 years' mind.
  - (v) Engr. Timothy A. Bamidele, 20 years' mind.
  - (vi) Ms. G.H. Evelyn Shepherd, MBE, 20 years' mind.
  - (vii) Mr. Soji Lijadu, CPA, 22 years' mind.
  - (viii) Pa Alfred Abraham Adewoyin Gooding, 34 years' mind.
  
- ❖ **Family Intercession:**  
**Families of** Late Amb. Otunba E.O. Fowora, Miss Jumoke Adeniyi-Jones, Tunde Alaje, Late Claudius-Cole, Late Mr. E.H. Imoukhuede, Dr. Bode Oyewole, Late Chief D.A. Ogunyemi, Alajuronye, Chief S.O. Olujuyigbe, Late G.O. Ogunro, CPA, Adeluwoye, Late Mr. Edwin Ogunbayo, Late Mr. J.B.A. Olowole, Mr. Ojo Osagie, John Majekodunmi Browne, Pa E.M.I. Sowunmi, Engr. Kehinde Saka, The Adekitan.
  
- ❖ **Prayer for Businesses**  
D.F Group, Favoured One Catering Services, Signet Film Works, Famfa Oil Ltd, South Atlantic Petroleum(Sapetro), Bendel Electric Distribution Company, Vigeo Holding Limited, Lenox Heights Ltd., Purple Scents Ltd, The Carpenter's House, De Wax Aluminium Co. Ltd, C.O George & Co, Belton Link Furniture, Nu-Lyne Int'l (Nig.) Ltd, Quintus Projects Ltd, Kemabom Catering Services, Kenning Homes Architects.

## SUNDAY 19/11/ 2023 - MEETINGS

9.00 a.m. There will be a meeting of The Koinonia.

### after Mattins:

- (i) There will be a meeting of the **Mothers' Union** at the Lagos Anglican Diocesan Seminary.
- (ii) The Monthly General Meeting of the **Choirwives/Choir Parents Association** will hold in the Choir Vestry.
- (iii) The Monthly General Meeting of the **Cathedral Missionary Society** will hold at the Lagos Anglican Diocesan Seminary.
- (v) There will be a meeting of the **Girls' Guild** at the Lagos Anglican Diocesan Seminary.

11.00 a.m. - 1.00 p.m. Clinic

CALL ON ANY DOCTOR OR NURSE IN CASE OF EMERGENCY.

## 4.00 p.m SPECIAL COMMUNITY HYMN SINGING

### TO MARK 105TH CHOIR FESTIVAL

(Host: Cathedral Choir)

# ACTIVITIES FOR THE WEEK

MONDAY 20/11/2023 Colour: GREEN Day 324

*Bible in a year: Ezekiel 40,41; I John 1*

**6.45a.m. Holy Communion**

**Celebrant: Revd. Canon 'Kunle Dina**

**Epistle: Rev. 20: 7-15**

**Gospel: Matthew 17: 1-13**

**Points for Prayer**

- ❖ *The Venerable John N.C. Nkwoemezie, The Synod Secretary, Diocese on the Niger and the Assistant Synod Secretaries.*
- ❖ *The Revd. Canon Paul Anene Chikodili.*
- ❖ *Mrs. Adekemi Bukoye Tinuoye*
- ❖ *13th Wedding Anniversary - The Revd. Adetokunbo and Mrs. Omolayo Adedoyin.*
- ❖ **The Church of the Province of the Indian Ocean.**
  
- ❖ **Birthday Intercession:**  
*Mrs. Motunrayo Olawanle Ilori, Mr. Akin Debayo-Doherty, Mr. Oluwatoyese Ibidamola Ibirogba, Mrs Omodara Ogunsehinde (nee Phillips), Mr. Lionel Adollo, Mr. Mosope Keating, Miss Dideoluwa Nylander, Mrs. Mercy Bolu Cole, Dr. Mrs. Temitope Alo, Mr. Segun Olowu, Miss Gbemisola Tade, Master Babatunde Ayodele Kehinde.*
  
- ❖ **Wedding Anniversary Intercession:**  
*(i) Mr & Mrs. Maduka Onwureme, 2nd Wedding Anniversary*  
*(ii) Mr. & Mrs. Olugbenga Owootomo, 13th Wedding Anniversary.*
  
- ❖ **Memorial Intercession:**  
*(i) Mrs. Cordelia Olaitan Adeduro, 17 years' mind.*  
*(ii) Chief Prince Theophilus Victor Olubi Bereke Da- osta, 64 years' mind.*  
*(iii) Mr. James Eguamo Ejemai.*

TUESDAY 21/11/2023

Colour: GREEN

Day 325

*Bible in a year: Ezekiel 42,43; I John 2*

**6.45a.m. Holy Communion**

**Celebrant: Revd. Henry Mooh**

**Epistle: Rev. 21:1-8**

**Gospel: Matthew 17: 14-27**

**Points for Prayer**

- ❖ *The Venerable C.C. Mgbemena; The Synod Secretary, Diocese of Awka and the Assistant Synod Secretaries.*
- ❖ *Mrs. Joy A. Akinwande.*
- ❖ *25th Wedding Anniversary of Revd. Sunday and Mrs. Chika Odineka.*
- ❖ *8th Wedding Anniversary of The Revd. Olalekan and Mrs. Oluwakemi Akinboro.*
- ❖ **The Bishop of the Diocese on The Niger West (Niger, Nigeria).**
  
- ❖ **Birthday Intercession:**  
*Chief Olabode Ibiyinka George, CON, Mr. Niniola Adepehin Martins, Miss Olufunmilayo Yetunde Adewunmi, Mr. Toyin Ojeahere, Mrs. Olajumoke Olatunde Williams, Mrs. Mojisola Sonuga, Mr. Oluseyi Ogunmekan, Master Samuel Authe, Master Oluwasegun Akiang, Master Chez Ogbue, Mr. Olamide Onigbogi, Mr. Temitope Shittu, Miss Aderinola Anuoluwapo Odugbesan, Miss Abigail Munachimso Ume-Okwochi.*
  
- ❖ **Memorial Intercession:**  
*(i) Mr. Ebenezer Olakunle Oyesiku, 11 years' mind.*  
*(ii) Mrs. Faith Ndudi Adagbor, 21 years' mind.*  
*(iii) Mr. Ambrose Olajide Folami, 23 years' mind.*  
*(iv) Mr. Bankole Olumuyiwa Soetan, 30 years' mind.*  
*(v) Mrs. Rachel Aduloju, 32 years' mind.*  
*(vi) Chief Mrs. Gladys R. Adebisi Odebiyi (nee Cole), 34 years' mind.*

**8.00 a.m. Commendation Service for High Chief Gordon Russell Akpovo Edegware, CPA,JP**

**6.00 p.m. Choir Practice**

**WEDNESDAY – 22/11/2022 Colour: GREEN**

**Day 326**

*Bible in a year: Ezekiel 44,45; Psalms 129-131*

**6.45 a.m. Holy Communion**

**Celebrant: The Provost**

**Epistle: Rev. 21: 9-21**

**Gospel: Matt. 17: 22-27**

**Points for Prayer**

- ❖ The Ven. Rowland N. Obikobe, The Synod Secretary, Diocese of Nnewi and the Assistant Synod Secretaries.
- ❖ Mrs. Roseline Chinyere Uhie.
- ❖ 9th Wedding Anniversary of Revd. Iyanuloluwa and Mrs. Olusola Ademowo.
- ❖ 1st Wedding Anniversary of The Revd. Edwin and Mrs. Oluwapelumi Sesay.
- ❖❖ **The Bishop of the Diocese of Nike (Enugu, Nigeria)**

❖ **Birthday Intercession:**

Mr. Martins Abayomi Adelola, Mr. Isaac Olusegun Aina, CPA, Mr. Olugbemiga Adelakun Otuyalo, Miss Folakemi Peters, Mr. Kayomikun Olawunmi, Mrs. Mayowa O. Agienoje, Mr. Taiwo Adeyimika Olanrewaju Daniel, Mr. Kehinde Adetokunbo Olutosin Daniel, Mrs. Taiwo Adetola Omowunmi Fadaka, Ms Margaret Folashade Obembe, Miss Ronke Disu, Mr. Oluwasanmi Thompson, Miss Iyaniwura Adewunmi.

❖ **Wedding Anniversary Intercession:**

- (i) Mr. and Mrs. Bassey Ekpo, 15th Wedding Anniversary.
- (ii) Mr and Mrs. Oladapo Onipede, 16th Wedding Anniversary.
- (iii) Rt. Revd. Ifedola Senasu and Mrs. Modupe Okupevi, 26th Wedding Anniversary.

❖ **Memorial Intercession:**

- (i) Chief Mrs. Dora E. Cole, 14 years' mind.
- (ii) Mr. David Okafor Nwobodo, 15 years' mind.
- (iii) Otunba (Mrs) C.O. Ajayi-Okunnuga, SAN, CPA, 22 years' mind.

**5.00 p.m. Bible Study and Prayer Meeting**

**THURSDAY - 23/ 11/2023 Colour: GREEN Day 327**

*Bible in a year: Ezekiel 46,47; 1 John 3*

**6.45 a.m. Holy Communion**

**Celebrant: Revd. Dr. Oluwaseun Adeyemi**

**Epistle: Rev. 21: 22-22.5**

**Gospel: Matt. 18: 1-9**

**Points for Prayer**

- ❖ Revd. Canon Decency C. Chine, The Synod Secretary, Diocese of Aguata and the Assistant Synod Secretaries.
- ❖ 21st Wedding Anniversary of Ven. & Mrs. Samuel Adurofagbaje.
- ❖ 10th Wedding Anniversary of Revd. Canon and Mrs. Christian Okeke.
- ❖ **The Bishop of the Diocese of Nimule, The Province of the Episcopal Church of South Sudan (Eastern Equatoria Province)**

❖ **Birthday Intercession:**

Mr. Femi Ojemuyiwa, Miss E. Titilayo, Mrs. Tobiloba Talabi (nee Coker), Miss Ibiwunmi Bammy, Miss Anne Sylerina Ibiwunmi Martins, Mr. Okikiola Adekunle Douglas, Master Adekanmbi Ayobami Fetuga, Mr. Chukwudi Ayodele Ogidi, Mr. Adolor Uwamu, Miss Divine Onyia, Master Moyosore Adeyemi.

❖ **Wedding Anniversary Intercession:**

Mr and Mrs. Obinani Abuchi, 21st Wedding Anniversary.

❖ **Memorial Intercession:**

- (i) Yeye Oba Edith Adenike Ola-Vincent, 1 year's mind
- (ii) Engr. Folarin Olufunmiso Doherty, 1 year's mind.
- (iii) Oloye Akintunde B. Solanke, CPA, 9 years' mind.
- (iii) Mrs. Olabisi Olufunke Omololu (nee Soetan), 30 years' mind.

**6.45 a.m. Altar Call - Family of late Engr. Folarin Olufunmiso Doherty, 1 year's mind**

**5.00 p.m. Christian Wake - Keep for Mr. Abayomi Obajimi at Ayo Rosiji Hall.**

**6.00 p.m. Choir Practice**

**FRIDAY – 24/11/2023 Colour: GREEN****Day 328***Bible in a year: Ezekiel 48; I John 4***6.45 a.m. Celebrant: Canon Residentiary****Epistle: Rev. 22: 6-13****Gospel: Matt. 18: 10-20****Points for Prayer**

- ❖ *The Ven. Edozie Onwunyi, The Synod Secretary, Diocese of Ogbaru and the Assistant Synod Secretaries.*
- ❖ *4th Wedding Anniversary of Revd. Adeleke and Mrs. Ekemena Ikuomonisan.*
- ❖ **The Bishop of the Diocese of Nnewi (Niger, Nigeria)**

❖ **Birthday Intercession for:**

*Ms. Stella Osarhiere Gbinigie, Mrs. Gloria Warbanoff Mbanefo, Miss Deborah Meadows, Mrs. Funmilayo Omolara Adollo, Mr. Oladipupo Alakija, Mrs. Bibiana Abiodun Elliott, Mrs. Grace Uloma Udemba, Miss Oluremilekun Tolulope Ayoka Alo, Miss Chimaije Joy Okonkwo, Mrs. Olufunmilayo Eboseime Ayoola (nee Williams).*

❖ **Memorial Intercession:**

- (i) *Mrs. D.A. Jadesimi, 22 years' mind.*
- (ii) *The Ven. Erasmus Victor Badejo, CPA, 24 years' mind.*
- (iii) *Master Olawande Olubunmi Olowoselu, 26 years' mind.*
- (iv) *Mrs. Benedicta Farayola Smith, 80 years' mind.*

**11.00 a.m. Funeral Service for Mr. Abayomi Obajimi****5.00 p.m. Men's Bible Class****SATURDAY 25/11/2023****Colour: GREEN****Day 329***Bible in a year: Daniel 1-3; Psalms 132-134***7.45a.m. Holy Communion****Celebrant: Revd. Olawole Faloye****Epistle: Rev. 22: 14-21****Gospel: Matt. 18: 21-35****Points for Prayer:**

- ❖ *The Venerable Silas O.C. Onuigbor, The Synod Secretary, Diocese of Ihiala and the Assistant Synod Secretaries.*
- ❖ *12th Wedding Anniversary of The Revd. Adedayo and Mrs. Ibukunoluwa Adenipekun.*
- ❖ **The Bishop of the Diocese of Norwich, The Church of England (Canterbury Province)**

❖ **Birthday Intercession:**

*Prof. Adetokunbo Lucas, Arc. Remi Akodu, Mrs. Ifeoma Gloria Onyekwere, Mr. Bukola Awoyemi, Mr. Chukwuebuka Aniakor Wilson, Miss Daisy Adaobi Oputa, Mr. Olutoyin Somolu, Miss Aramide Ajayi, Master Umezi Wogu, Master Marvellous Nnamdi Enendu, Mr. Samuel Fadeyi, Mr. Rotimi Fabamwo, Mrs. Adesewa Itunu-Olu Olumuyiwa.*

❖ **Wedding Anniversary Intercession:**

*Mr & Mrs. Micah Olorunsogo, 3rd Wedding Anniversary*

❖ **Memorial Intercession:**

- (i) *Engr. Akinlolu Olatunbosun Soyannwo, 9 years' mind.*
- (ii) *Mrs. Olabisi Mildred Thomas, 14 years' mind.*
- (iii) *Mrs. Joyce Adjo Bajulai, 14 years' mind.*
- (iv) *Otunba Osindero, 21 years' mind.*
- (v) *Revd. Emmanuel Omosebi Omogbehin, 81 years' mind.*

**10.00 a.m. BAPTISM**

# Bible Study Outline

**THEME: GOD'S CHILDREN AS PILGRIMS TO THE HEAVENLY KINGDOM:  
MANIFESTATION OF GOD'S REIGN ON EARTH**

**SUB-THEME:** Equipped for Pilgrimage 4

**TOPIC:** Shield of Faith

**TEXTS:** Rom 8:35-39

**AIMS:**

- i. to differentiate between Faith and the shield of faith*
- ii. to expose the effects of the shield of Faith on satanic arrows.*

## **INTRODUCTION**

In study 34 of this outline, we studied Faith as a manifestation of the fruit of the spirit. Then, we analysed various manifestations of faith by Biblical heroes and how manifestation of our Christian faith can set the basis for soul-winning into Christ's kingdom. In this study, we shall concentrate on how we can defend or proof the efficacy of our Christian Faith amidst various arrows of the enemies. A shield is used mainly as a form of protection and offensive to knock down enemies in the battle front. Shield of faith is meant to extinguish all the flaming arrows of the evil ones ranging from false teachings, false miracles and arrows of persecution.

## **STUDY GUIDE:**

1. How would you describe wearing a shield of faith? 1Sam 17:37; Mk 11:23-24
2. Analyse the effect of the shield of Faith in the following passages: Acts 3:6-7; 8:18-24; Rom 8:35-39.
3. How does Satan shoot his flaming arrows at the pilgrim? Gen. 2:16-17 and 3:1-5; 1Ki 13:20-22; Matt 4:8-9
4. When Satan accuses us as Christians, what should shield of faith enable us to do? Matt 10:19; Rom. 8:34; Rev. 12: 10-12.

**CONCLUSION:** The shield of faith covers our most vulnerable spots, especially our hearts as it can be filled with fear, hopelessness, discouragement, self-pity and all satanic arrows of wickedness. Therefore, we should always put it on in our journey to the kingdom of God.

**FOOD FOR THOUGHT:** Extinguish the flaming arrows of satan with the shield of Faith

**MEMORY VERSE:** Eph. 6: 16 "Above all, taking the shield of faith with which you will be able to quench all the fiery darts of the wicked one."



**SPIRITUAL TONIC FOR THE WEEK**

***Genesis 35:5***

***“Then they set out, and the terror of God fell on the towns all around them so that no one pursued them.”***

**My God and my Father, as I step out into this new week, I do so in Your power, let Your terror go ahead of me and my household. Let no one pursue me. If any satanic agent, or any demon, or any force of darkness dares to pursue me or any member of my household, let him fall and rise no more. According to Your word, throughout this week and for the rest of this year, I will always go out with joy and be led forth with peace, nothing will be too strong to disturb me. Thank you, my Father. In Jesus’ mighty name I pray. Amen**

**Hymn: Take Time to be Holy,  
Speak oft with thy Lord  
(Tune: A&MRW 676 – St. Denio)**

1. Take time to be holy, speak oft with thy Lord;  
Abide in Him always, and feed on His Word.  
Make friends of God’s children, help those who  
are weak,  
Forgetting in nothing His blessing to seek.
2. Take time to be holy, the world rushes on;  
Spend much time in secret, with Jesus alone.  
By looking to Jesus, like Him thou shalt be;  
Thy friends in thy conduct His likeness shall  
see.
3. Take time to be holy, let Him be thy Guide;  
And run not before Him, whatever betide.  
In joy or in sorrow, still follow the Lord,  
And, looking to Jesus, still trust in His Word.
4. Take time to be holy, be calm in thy soul,  
Each thought and each motive beneath His  
control.  
Thus led by His Spirit to fountains of love,  
Thou soon shalt be fitted for service above.

## TITHE:

**Remember to pay your Tithe\***  
(into Cathedral Zenith Bank Account Number)

# 1013180620

**(The tithe is a tenth of all our increase)**

'You shall tithe all the yield of your seed that comes from the field, year by year' *Deut. 14:22.*

## SUSTENTATION

Please pay your Sustentation/Church Dues (for the upkeep of the Church to: First Bank: **2000519164**  
(Kindly indicate the following: Name & Sustentation No)  
**157, BAMGBOSE BUILDING PROJECT**

Please pay all donations toward the project into Cathedral Access Bank Account Number: **0773948851**

## PAYMENT INTO CHURCH'S ACCOUNTS

"Honour the LORD with your possession... so your barns will be filled with plenty". Proverbs 3: 9&10.  
Your kind and generous donations to the Cathedral will be highly appreciated. Below are the Church's Bank Accounts.

No	PURPOSE	BANK	ACCT NO
1.	Social Welfare Service Unit	Polaris Bank	1770128010
2.	Cathedral Clinic	First Bank	2000514561
3.	Donatons/Sunday Collection/Thankoffering	GT Bank	0124088211
4.	Offertory/Communion Basket	UBA	1017498994
5.	Sustentation	First Bank	2000519164
6.	Family Harvest/Harvest Donations	FCMB	0130543010
		Union Bank	0071028724

You can also visit the Cathedral website [www.thecathedrallagos.org](http://www.thecathedrallagos.org) to make your donations.  
**GOD WILL COUNTENANCE YOUR SACRIFICE**



**FOR YOUR OFFERINGS AND OTHER DONATIONS. GOD BLESS YOU.**

# WOMEN'S CORNER

## NOTICES

19/11/2023 - Prestigious Ladies Summit at Faith Plaza, Bariga.

20/11/2023 - Health Talk - Ventricular Septal Defects by Mrs. Abiodun Oke

### **Payment of Sacrifice**

#### **- Women's and Girls' Organisations**

May God bless and prosper you as you give monthly towards Women's work in the Diocese. Thank you for giving to the Lord. Kindly make cheques payable to Womens' & Girls' Organisations, Diocese of Lagos.

### **THIS MONTH IN THE HISTORY OF THE CATHEDRAL - NOVEMBER**

*- By Church History Sub-Committee*

**1963**

**Nov. 30 Consecration of Bishop Seth Irunsewe Kale.**

**1998**

**Nov. 27 Send forth ceremonies for Very Revd. Dr. Segun Okubadejo as Bishop of the newly created Diocese of Ibadan North.**

**2003**

**Nov. 28 Official dedication of the Cathedral House.**

**2009**

**Nov. 30 The Very Revd. Dr. Yinka Omololu having attained the age of 70 years retired from the office of Provost.**

**2014**

**Nov. Provost Akinpelu Johnson started his second 5 years term.**

## **NEEDS OF THE CATHEDRAL**

Donations are vital to the Cathedral's future, and your gift will make a difference.

Kindly donate towards the purchase of any of the items listed below. Thank you.

- i. Risograph Printing Machine @ N5.5m
- ii. Toyota Coaster Bus @ N105m
- iii. Cisco 350X-24 MP Switch for CCTV cameras @ \$1500
- iv. Transformer and Tape Guide for the Lift car in the Cathedral House @ \$3000
- v. D-link Switch - DGS-1210-28P @ NGN230K
- vi. IP Camera @ NGN1,196,000
- vii. One 1.5 hp Airconditioners @ N220,000 each
- viii. Two 3 hp Airconditioners @ N300,000 each
- ix. HP all-in-one desktop computer "Intel core i7 16gb ram 1TB ssd - 1,650,000.00

**OBAFUNKE AKINKUGBE GIFT SHOP IS NOW OPENED. VISIT THE SHOP FOR YOUR BRANDED GIFT ITEMS, COFFEE AND SNACKS. THE SHOP OPENS DAILY EXCEPT ON MONDAYS. THANK YOU.**

# SUNDAY 26/11/2023

## SUNDAY BEFORE ADVENT

Stewards on Duty: **Group C** Colour: **GREEN**

### 7.15 a.m. HOLY COMMUNION (SAID)

**Theme: ETERNAL SALVATION MADE POSSIBLE**

**(ii) Recognising and Scaling  
the Hurdles**

Celebrant: **Ven. Uchenna Ubadinobi**  
Epistle: Hebrews 12: 1-17 **Mr. Okechukwu Ezeogu**  
Gospel: Luke 18: 18-30 **Ven. Uchenna Ubadinobi**  
Address: **The Provost**  
Prayers: **Mrs. Ogechukwu Ezeogu**  
*Thanksgiving at the Altar*

9.00 a.m. *There will be a meeting of The Koinonia.*

### 9.15 a.m CHORAL MATTINS

**105th Annual Choir Festival**

**Theme: ETERNAL SALVATION MADE POSSIBLE**

**(ii) Recognising and Scaling  
the Hurdles**

Cantor: **Ven. Henry Adelegan**  
First Lesson: Genesis 25: 21-34 **The Choir**  
Second Lesson: Hebrews 12: 1-17 **The Choir**  
Sermon: **Revd. Canon Kunle Dina**  
**Thanksgiving at the Altar**

#### **After Mattins**

- (i) *The Young Women's Christian Association will meet at the Lagos Anglican Diocesan Seminary.*
- (ii) *The Monthly General Meeting of the Cathedral Ladies Helpers' Union and the Youth Wing will take place at the Lagos Anglican Diocesan Seminary.*
- (iii) *There will be a meeting of the Girls' Guild at the Lagos Anglican Diocesan Seminary.*

11.00 a.m. -1.00 p.m. *Clinic*

**CALL ON ANY DOCTOR OR NURSE IN CASE OF EMERGENCY**

### 11.15 a.m. SUNG EUCHARIST

**54th Anniversary – ChoirWives and Parents Association**

**Theme: ETERNAL SALVATION MADE POSSIBLE**

**(ii) Recognising and Scaling  
the Hurdles**

Celebrant **The Provost**  
N.T. Hebrews 12: 1-17 **Choirwives/Parents**  
Gospel: Luke 18: 18-30 **The Provost**  
Address: **Revd. Dr. Oluwaseun Adeyemi**  
Prayer: **Choirwives/Parents**

*After 11.15 a.m.*

*Communion The Statutory Meeting of the Standing Committee will take place at the Chapter House.*

**4.00 p.m PRE-EVENSONG CONCERT (105<sup>TH</sup> CHOIR FESTIVAL)**

**5.00 P.M. FESTIVAL EVENSONG (105TH CHOIR FESTIVAL)**

# WELCOME

A warm welcome to this and every worship in this Cathedral. Whether you have come from far or near, may you find real joy and inspiration in this service. We are very happy to see you and hope that you will come again.

## GENERAL NOTICES

1. (a) We welcome the officers and members of the **Chartered Institute of Bankers of Nigeria (CIBN)** to the Cathedral today. They are worshipping to thank God on the 60th Anniversary of the institute. May God countenance their worship.  
  
(b) We also welcome the **Lagos Diocesan Council of the Anglican Youth Fellowship**. We wish them a happy deliberation at their 2023 Annual General Meeting and Love Feast holding after the service.
2. **105th Annual Choir Festival:**  
The Organist and the Master of Music and The Choir of the Cathedral cordially invites all the Parishioners for their following events:  
(a) **Community Hymn Singing**  
Sunday, 19th November, 2023 at 4.00 p.m.  
  
(b) **Sunday, 26th November, 2023**  
Choral Mattins - 9.15 a.m.  
Choral Holy Communion - 11.15 a.m.  
Pre-Evensong Concert - 4.00 p.m.  
Festival Evensong - 5.00 p.m.
3. **Last Quarter Prayer Rally** will hold from Wednesday 29th and Thursday, 30th November, 2023 at 4.30 p.m.daily.  
**Ministering: Ven. Joseph Feyisetan.**
4. **7 Hours of Unhindered Praise:** This annual festival of praise will hold on Friday, 1st December, 2023 at 10.00 p.m. here in the Cathedral as a way of expressing gratitude to God for His benevolence towards us in the outgoing year. Please plan to attend. God bless you always.
5. **Children's Church Christmas Service:**  
The Annual Children's Church Christmas Service and party is coming up on **Sunday, 10th December, 2023 at 9.15 a.m.** Parents who would like to contribute snacks and other items to ensure that the children have a very nice party, should kindly contact the Superintendent, Mrs. Tola Akinola at the Children's Church or by telephone on 08023131628.
6. **Light Up The Night 2023**  
This year's Light Up the Night comes up on **22nd December, 2023 at 5.30 pm** at the seminary grounds of the Cathedral. Preparations have started in earnest to make this year's even a memorable one. We are inviting willing members of the Cathedral to kindly join the 100 of Us choral group to sing a few songs during the event. Please contact Gbenga Bello – 0802 315 6979 or Michael Agbogidi - 0802 918 0308 to indicate interest. God bless you as you offer to serve.
7. **Cathedral Dues:**  
The Sustentation from **January to September, 2023** is ready. Please check online ([www.thecatherallagos.org/onlinepaymentportal.php](http://www.thecatherallagos.org/onlinepaymentportal.php)) and the Membership Desk to ensure your name, duplex number and the amount contributed are correct.
8. **2024 Vestry Meeting and Election** comes up Sunday, February 25, 2024. To vote at the Election, a voter must be a financial member of the Cathedral and must be on the sustentation list as having subscribed a minimum of **N5,000 in 2023**. The congregation is hereby reminded to make payment on or **before 31st December 2023**. Pay into Cathedral Church of Christ, **First Bank Account No. 2000519164**.
9. **Budget 2024**  
All Groups and Ministries should endeavour to send in their budget proposals for **2024** to the Provost or the Parish Accountant on or before 24th November, 2023
10. **2024 Calendar of Worship and Events:**  
All Societies and Service Units are enjoined to forward their year 2023 events with dates to the Provost for the compilation of **2024 Calendar of Worship and Events** not later than **end of November 2023**.

**11. Annual Report 2023**

All Societies, Sub-Committees and Service Units are to please send a one-page report of their activities for the year 2023 to the Secretary, Standing Committee, **Mr. Soji Kuboye** by email to [sojikuboye@yahoo.com](mailto:sojikuboye@yahoo.com) before **December 31**.

**12. Home Call:**

We announce the home call of **Mrs. Claudiette Adetutu Dawodu** on Tuesday, 14th November 2023. She was 90 years old. She was a member of Women's Guild Auxilliary. The family can be visited at 11, Ibidun Igbogbo Ikorodu. Funeral arrangement will be announced later. May her soul rest in peace and rise in glory at the coming of the Lord.

**13. Mid-Week Fellowship and Love Feast:**

Are you celebrating your birthday or any joyous occasion in your family or remembering a loved one? Think of sharing your joys with the less privileged, who can give you nothing in return, but are being led to Christ by us. Sponsor a Wednesday afternoon.

**Cost is N100,000** per Wednesday. You can pay part of an afternoon's cost. See Omoba Ademola or the Parish Clerk during the week. Thank you and God bless.

**14. (a) Fellowship Hour - Sunday 26/11/2023**

**Engr. Julius Folorunso Obembe** will host the Fellowship Hour after 7.15 a.m. Service in thanksgiving to God for his birthday. God will continue to grant her good health, joy and happiness throughout the days of her life.

Vacant after 9.15 a.m. Service

**(b) Fellowship Hour Booking: December 2023**

Sunday, 10/12/2023 - Vacant after 7.15 a.m. and 9.15 a.m. Services

Sunday, 24/12/2023 - **Mr. Oluwadamilola Mojolaoluwa Ajilo** for his Birthday after 7.15 a.m. and 9.15a.m. Services

**(c)** Fellowship Hour - Parishioners who are not the main hosts of the Fellowship Hour but who wish to celebrate any events in their lives or who will like to simply contribute to the 'community spirit of the Cathedral are encouraged to do so by providing fruits, cakes, muffins, etc. Such parishioners should please contact Omoba Adegbola Ademola.



## WELFARE SUB-COMMITTEE

Parishioners should please inform either the Welfare Sub-Committee - **Mrs. Ayo Shodipo-Olabode 0802 787 2516; Mr. Akin Martins - 0802 316 0305 or Mrs Mary Ojutiwon (Provost's Secretary) - Tel No. 08053322557** of any one that has not been present in the Church for some time (young or old) either due to illness or any other reason whatsoever and who needs to be given Communion at home.

# SOCIAL WELFARE SERVICE UNIT (SWSU)

- ❖ *The SWSU Panel wishes through this medium, to appreciate all those who are helping the needy through the Unit (SWSU) in cash and kind. God Almighty will bless and enrich you more in Jesus name. Amen.*

(a) **Sponsorship:**

Our Social Welfare Service Unit is seeking sponsorship for the following. Part payments will be gratefully appreciated.

1. **Adereti Esther Oluwatimilehin (19 years)** needs the sum of N1,083,995 for her University Education. She got an admission into Lagos State University for 5 years at N216,799 per session.
2. **Mr. Jimoh Aleem** a secondary School student needs a sum of N900,000 for a 6 years level of education at N50,000 per term.
3. **Miss Ayodele Abayomi Iyanuoluwa (19 years)** needs the sum of N600,000 for her University education. She got an admission into University of Ilorin, Kwara State to study Electrical/Electronic Engineering, a 5 years course at N120,000 per session.
4. **Miss Marvis Ramota Mustapha (26 years)** needs the sum of N720,000 for her education, she got an admission into University of Benin studying Law for 6 years at N120,000 per session.
5. **Miss Priscilla Olubanke Balogun (24 years)** needs the sum of N480,000 for her education. She got an admission into University of Lagos studying Psychology for 4 years at N120,000 per session.
6. **Master Daniel Elijah (10 years)** needs the sum of N900,000 for his Secondary School Education at N50,000 per term.
7. **Miss Ikuomola Oluwanifemi Blessing (13 years)** needs the sum of N900,000 for her Secondary School Education at N50,000 per term.
8. **Miss Barakat Oyelere (20 years)** needs the sum of N360,000 for her University of Education. She got admission into Obafemi Awolowo University, Ile Ife Osun State to study Guidance and Counselling a 4 years course at N120,000 per session.
9. **Master Iremide Ejionome (3 years)** needs the sum of N1,308,000 for his hearing aid. He is a cerebral palsy child.

- (b) The members of the Social Welfare Service Unit would appreciate the donation of fairly used clothes, shoes for both young and old, and also food items like Rice, Gari, Beans, Provisions, etc.

## PRAYER FOR THE YEAR

**Eternal Father, the only God of wonders and possibilities, Your power is beyond compare, with You there is no impossibility, we acknowledge before You our feebleness; if Your power will not be our power we are doomed to failure: Grant, O Lord, that each day of our lives, this year and beyond, will be a reflection of Your wondrous power, level the mountains and break down gates of bronze before us to make possible every impossibility that lies ahead. We beseech You also to visit our land with Your unfailing help, cut through the bars of iron to deliver to us the treasures and riches stored in secret places, in Your mercy redeem and re-establish our Nation; and accomplish for Your Church what only You can accomplish to the praise and honour of Your one and only Son Jesus Christ our Lord and Redeemer. Amen**

Theme for the year: "WITH GOD ALL THING ARE POSSIBLE

TEXT: MATTHEW 19:26

## HYMN FOR THE YEAR

### ALL THINGS ARE POSSIBLE TO HIM

1. All things are possible to him  
That can in Jesus' name believe;  
Lord, I no mote thy truth blaspheme,  
Thy truth I lovingly receive;  
I can, I do believe in thee;  
All things are possible to me.
2. The most impossible of all  
Is that I e'er from sin should cease;  
Yet shall it be; I know it shall;  
Jesus, look to thy faithfulness!  
If nothing is too hard for thee,  
All things are possible to me.
3. Though earth and Hell the word gainsay,  
The word of God can never fail;  
The Lamb shall take my sins away,  
'Tis certain, though impossible;  
The thing impossible shall be,  
All things are possible to me.
4. When thou the work of faith hast wrought,  
I here shall in thine image shine,  
Nor sin in deed or word or thought;  
Let men exclaim and fiends repine,  
They cannot break the firm decree;  
All things are possible to me.
5. Thy mouth, O Lord, to me hath sworn  
That I shall serve thee without fear,  
Shall find the pearl which others spurn,  
Holy and pure and perfect here;  
The servant as his Lord shall be;  
All things are possible to me.
6. All things are possible to God,  
To Christ, the power of God in man,  
To me, when I am all renewed,  
When I in Christ am formed again,  
And witness, from all sin set free,  
All things are possible to me.

### ATTENDANCE FOR LAST WEEK

#### TWENTY-THIRD SUNDAY AFTER TRINITY - 12/11/2023

7.15 a.m. Holy Communion(Youtube 257/Facebook 287 views).....220  
9.30 a.m. Gleaners' Harvest (Youtube 257/Facebook 287 views)..332

#### Week-Day Services - Saturday - Friday

	HC		HC
Saturday		Wednesday	
11/11/2023	9	15/11/2023	46
Monday		Thursday	
13/11/2023	15	16/11/2023	18
Tuesday		Friday	
14/11/2023	17	17/11/2023	15

### COMING EVENTS (NOVEMBER 2023)

25/11/2023 - The Girls' Brigade Christmas and End of Year Party.  
26/11/2023 - 105th Annual Choir Festival at 9.15 a.m.  
26/11/2023 - 54th Anniverary - Choir wives and Parents'  
Association at 11.15 a.m.





## SOUL FOOD 47/2023

### ETERNAL SALVATION MADE POSSIBLE

#### (i) Prepare Yourself

***“But since we belong to the day, let us be sober, putting on faith and love as a breastplate and the hope of salvation as a helmet. For God did not appoint us to suffer wrath but to receive salvation through our Lord Jesus Christ.”***  
- 1 Thessalonians 5:8&9.

Prior to the coming of Jesus Christ, the prospect of Eternal Salvation appeared unachievable for humanity. The obstacle of sin, the world, and the devil seemed insurmountable, leading to a dead-end for mankind. Nevertheless, in the fullness of time, God intervened and reached out to reconcile with humanity by sending His only Son, Jesus Christ, to pay the ransom that liberated humanity from the abyss of unimaginable agony to which they had been condemned since the fall. (see Galatians 4:4&5) In other words, through the sacrifice of Christ, every believer has escaped the second death and gained an unending life experience of eternal salvation. The soul is saved from the endless punishment and condemnation that awaits it after death. Accordingly, Christianity hinges on this assurance of Eternal Salvation, the ultimate rescue of the soul from eternal damnation and the gateway to eternal life.

Our theme, “Eternal Salvation made possible,” is an attestation of the immense power of God with whom all things are possible, as stated in Matthew 19:26. and what He has done to rescue us from eternal damnation. Out of His love for us, He sent His Son, Jesus Christ, to bear our punishment and endure suffering in our stead. By His divine power and purpose, we are eternally saved from our sins and can now spend eternity with Him in heaven. We declare it in *Te Deum*: “When he hadst overcome the sharpness of death, he didst open the kingdom of heaven to all believers.” Albeit, believers are urged to prepare themselves for the full enjoyment of this divine gift. The essence of this preparation lies in improving readiness, efficiency, performance, or outcomes in spiritual matters.

1 Thessalonians 5:8-9 emphasises vigilance and moral integrity as the core of the believer’s preparation, portraying faith, love, and hope as spiritual armour against sin and spiritual complacency. Eternal salvation is not earned but a gift from God to humanity. It is realised by faith and serviced by love and hope. “For by grace you have been saved through faith, and that not of yourselves; it is the gift of God, not of works, lest anyone should boast.” (Ephesians 2:8).

Faith is an indispensable component of a believer’s journey towards eternal life. It acts as a shield, guarding us against the trials, doubts, and temptations that beset us (Ephesians 6:16). Faith is not just about acknowledging God’s existence but a deep-seated conviction that governs our actions and decisions. It protects us against the “arrows” of doubt, despair, false teachings, and moral failings that could lead us to sin and complacency.

Living in Love too is an essential part of preparation. Love acts as a breastplate, protecting the heart, which is a person’s core. However, it is vital to understand that there are two types of love - love for God and love for others, as mentioned in Matthew 22:37-39. Love is crucial in motivating us to live righteously, serve others selflessly, and avoid actions that may harm others or ourselves. It acts as a guard against selfishness, bitterness, hatred, and indifference, leading to spiritual stagnation and sin.

As we prepare ourselves, Hope is another essential spiritual gear to carry. It refers to the firm belief in what God has promised, precisely salvation through Jesus Christ. It serves as a helmet, protecting the mind and influencing thoughts and perspectives. It helps believers persevere through hardships, resist discouragement, and stay committed to their faith journey. It also safeguards against despair, cynicism, and the temptation to give up when faced with life’s challenges.

Watchfulness is another essential step in the believer’s preparation. Watchfulness characterises the attitudes of the disciples who await with hope the return of Jesus. It demands alertness to dangers and detachment from earthly pleasures and activities (see Luke 21:34-36). The parable of the ten virgins emphasises the imminence of the *parousia* (Matt 25:1-13). Jesus urged His disciples in Matthew 24:42-44: “Therefore be on the alert, for you do not know which day your Lord is coming. But be sure of this that if the head of the house had known at what time of the night the thief was coming, he would have been on the alert and would not have allowed his house to

be broken into. For this reason, you also must be ready, for the Son of Man is coming at an hour when you do not think He will.”

Underpinning the aforementioned is Repentance, which involves recognising one’s sins, seeking God’s forgiveness, and making necessary amends. It means turning away from sin and turning towards God. Repentance is directly linked to salvation and eternal life. It is through repentance and faith in Jesus Christ that one can be forgiven and reconciled with God, opening the path to eternal salvation (cf Acts 20:21). The Scripture says: “The Lord is not slack concerning His promise, as some count slackness, but is longsuffering toward us, not willing that any should perish but that all should come to repentance.” (2 Peter 3:9). For the believer, this requires regular self-examination, i.e., regularly assessing one’s life in light of Scripture to maintain a lifestyle of integrity and holiness.

As we approach another Advent Season, let us be fully prepared for the coming of the Lord. Knowing that every day and season we witness brings us nearer our eternal salvation when all sorrow, hardship and oppression will be gone and our vindication established forever. I pray that Christ’s redemptive work will not be in vain over any of us.

***Have a blessed week!***

***The one who serves among you,***



**Very Revd. Adebola Ojofeitimi, PhD**

**Provost**

Prince 'Dapo Opeaye.....People’s Warden  
Mr. Adeyinka Shonekan.....Provost’s Warden  
Mr. Adebola Adeosun - .....Master of the Music and Organist  
Revd. Henry Mooh - ..... Confirmation Class/Youth  
Revd. Dr. Oluwaseun M. Adeyemi - .....Altar Servers/Readers Guilds  
Revd Olawole Faloye .....Correctional Centres Ministry/Elders’ Fellowship  
Revd. Canon Kunle Dina .....Care Ministry  
Revd. Canon Emmanuel Fadipe - .....SWSU  
Ven. Uchenna Ubadinobi..... Children’s Church  
Ven. Henry Adelegan - .....Harvest Sub-Committee/Cathedral Choir and Band  
Very Revd. Dr. Adebola Ojofeitimi - .....Evangelism

**The Rt Revd. Ifedola Senasu Gabriel Okupevi, B.A.(Hons), M.A**  
**Diocesan Bishop of Lagos**

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